

Doulas for Aboriginal Families

GRANT PROGRAM

Are you pregnant or planning on becoming pregnant?

The BC Association of Friendship Centres and First Nations Health Authority are proud to jointly offer funding to pay for birth and postpartum doula services for expectant Aboriginal mothers and families, living in BC (either on or off reserve).

What is A Doula?

Doulas provide emotional, physical and spiritual support for women and families during pregnancy, labour and after birth. Doulas are non-clinical providers who work with you and your physician, midwife or nurse to support your pregnancy.



Purpose of the Grant Program

There are a number of benefits to the continuous, supportive care that a doula provides during pregnancy, labour and after birth. Doula care can increase the likelihood of a positive pregnancy experience, vaginal birth and breastfeeding. This grant program aims to reduce cost barriers to accessing doula care.

Eligibility for Families

All applicants must:

- Be of Aboriginal descent
- Reside in BC (either on or off reserve)

How to Apply

- Download the family grant application form at www.bcaafc.com/programs/doula-support and submit to the BCAAFC for pre-approval
- Your qualified doula must download the Doula application form at www.bcaafc.com/programs/doula-support and submit completed to the BCAAFC for pre-approval
- After you or your family member has given birth the pre-approved Doula will submit the grant programs invoice for payment

Grants provide up to \$1000 in coverage



www.bcaafc.com

For More Information Contact:

Doula Support Administrator

doulasupport@bcaafc.com

1-800-990-2432 or 250-388-5522



First Nations Health Authority
Health through wellness

www.fnha.ca